Diabetic Mommy Get-Together
Hershey, PA
July 11 - 13th, 2008

Sweetest Women on Earth
Sweetest Kids on Earth
Sweetest Place on Earth
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We are honored that you support us
Welcome to the
Diabetic Mommy Get-Together in Hershey!

At Holiday Inn Harrisburg East

Schedule

Friday, July 11
Arrival and Check-in

5:00 - 7:00 p.m.
Pizza party by the indoor pool.

Saturday, July 12
8:30 - 9:30 a.m.
Buffet Breakfast served in the Keystone Suite

9:30 a.m.
Presentations by
Diabetic Mommy Manager, Laura Guthrie, MS
and
CureDM, Inc. Chief Scientific Officer, Claresa S. Levetan, MD, F.A.C.E.

During breakfast we will confirm plans for the day for those going to Hershey Park as well as plans for the evening for those staying at the hotel.

Sunday, June 1st
Check-out (11 a.m.) and Departure
Laura M. Guthrie, M.S., Diabetic Mommy Manager

Laura is the proud mommy to 9 year old Gabby and almost 5 year old Gracie. She joined Diabetic Mommy in 2002 after her GD pregnancy with Gabby and shortly after becoming diagnosed as Type 1. With exercise and diet alone during her Gestational Diabetes pregnancy, she delivered a healthy daughter, Gabby, at 39 weeks.

Over the following 9 months she slowly lost weight and was told she was suffering everything from post-partum depression, to an eating disorder, to normal new-mommy anxiety. She visited specialist after specialist before a new doctor finally gave her a standard fingerstick that read “HI”. An A1C over 10 confirmed the diagnosis. Initially she was told she was Type 2 due to her age, but her dramatic weight loss was indicative that perhaps this diagnosis didn’t fit. Three forms of oral medications were tried before making the switch over to insulin.

With a Type 1 mother, she and her sister were watched since childhood for signs of diabetes. Her mother was given the false information that children of diabetic mothers blood sugars typically run higher than an average child. At age 12 she was considered borderline diabetic and was fine as long as she monitored her diet and stayed active.

In 2003 she and her husband Sean expanded their family again with the arrival of Gracie, her type 1 pregnancy. This pregnancy was a different experience in many ways. This time she had the ability to control her sugars with insulin and a doctor who worked closely with her to adjust her insulin as often as needed. Gracie was born at 34 weeks due to severe pre-eclampsia. She spent 5 days in the NICU and has no long term effects of her prematurity.

When she’s not home being mommy and wife, she holds the title of Supervisor of Psychological and Diagnostic Services for a school system in West Virginia. Her job entails evaluating students for special education, serving as a consult to staff, parents, and students, and making recommendations for behavior and educational needs. She serves as the county coordinator for Section 504 of the Americans with Disabilities Act and serves as the administrator over four other school psychologists. As a diabetic herself, she has become the county resource to parents, school nurses and staff whenever a newly diagnosed child enters the system.

She was recently trained by the American Diabetes Association as an advocate for Southwestern Pennsylvania and attended the Call to Congress to lobby and advocate for the continued funding for Type 1 research, special populations programs, and the Americans with Disabilities Restoration Act. She also spoke at the 1st Annual Diabetic Mommy Get-Together in Las Vegas in 2007.

In 2004, Laura was invited to be one of the first co-hosts for Diabetic Mommy. In 2005 she was promoted to Manager and continues to be a vital support in the forum.
Dr. Claressa Levetan is a noted endocrinologist with expertise spanning diverse areas of diabetes. She has been internationally recognized for the translation of science and technology into improved health care options for patients with diabetes. Dr. Levetan's current research focus is identifying peptides in the human proteome, which differentiate progenitor pancreatic cells into new islets.

In 2007, Dr. Levetan received the American College of Endocrinology's Highest Distinction in Clinical Endocrinology Award that is presented annually to the endocrinologist recognized as having achieved distinction in the field of clinical endocrinology; and has a sustained record of devotion to teaching the art and science of endocrinology.

She served as an associate editor of the journals, Clinical Diabetes and Diabetes Forecast. Upon completion of two terms as associate editor of the American Diabetes Association's journal, Clinical Diabetes, Dr. Irl Hirsch, the Editor in Chief, wrote in an editorial, “Dr. Resa Levetan is perhaps the most creative physician I have ever met. Her ideas for developing interesting articles, translating new information to others, and getting physicians, patients, and their families involved with diabetes to obtain better outcomes are truly inspired.”

Dr. Levetan's has been on the forefront of diabetes research and has been published in many medical journals including the American Journal of Medicine. She has testified before the U.S. Congress on the economic and health benefits of empowering patients to take a more active role in their own care. She has led research teams in the areas of methods to prevent and reverse diabetes, and was an investigator on the NIH's Diabetes Prevention Program and Women's Health Initiative.

She is actively involved in reviewing diabetes scientific articles for the Journal of the American Medical Association, Diabetes Care, Endocrine Practice and many other physician and patient publications. She was the co-chair of the American College of Endocrinology's Diabetes Outpatient and Inpatient Consensus Conferences.

Dr. Levetan served on the steering committee of Medicare and National Committee for Quality Assurance's (NCQA’s) and Diabetes Quality Improvement Project (DQIP). She served on the Board of Directors of the American Association of Clinical Endocrinologists and was on the Board of Trustees of the American College of Endocrinology.

Dr. Levetan is a graduate of Emory University School of Medicine. She was Professor of Medicine and Chief of Endocrinology, Diabetes and Metabolism at Medical College of Pennsylvania Hospital and Drexel University College of Medicine and is now Chief Scientific Officer of CureDM Inc., which she co-founded. She is a clinical professor at the Lankenau Institute for Medical Research at Lankenau Hospital/Jefferson Health System in Wynnewood, Pa.
CureDM, Inc. is a biopharmaceutical company established to develop new therapies that may prevent, ameliorate or reverse diabetes and allow for the discontinuation of insulin.

The research team at CureDM has discovered and is developing a novel human peptide associated with regeneration of insulin-producing islets within the pancreas. This peptide is called Human proIslet Peptide (HIP) and stimulates the differentiation of new insulin-producing islets from existing adult pancreatic progenitor cells. Restoration of pancreatic function may be achieved, without the use of stem cells by clinical treatment with this peptide therapeutic. The CureDM approach is to restore, maintain and protect new insulin-producing islet structures in patients with diabetes.

Products will be licensed out or partnered to pharmaceutical companies who have an established commercial track record and presence for distribution, sales and marketing in all or selected geographic or therapeutic areas.

Until a decade ago, it was believed that the number of insulin-producing cells that one is born with, is the total number one has for a lifetime. We now know that a small percentage of insulin-producing beta cells are housed within a structure known as the Islets of Langerhans. The population of beta cells expands and contracts with our dietary habits. The islets in which they are housed also die and are regenerated at a very slow rate of turnover.

Islet of LangerhansCureDM’s novel Human proslet Peptide (HIP) is hypothesized to stimulate and enhance the islet regeneration process that occurs naturally to create new structures that house a new pool of insulin-producing cells from the precursor cells in adult pancreatic tissue. As new islets are formed, not only is the secretion of insulin restored, but also, other hormones that are missing among type 1 diabetes patients, such as amylin, are also restored. In addition, the physiological control for these important hormones is also restored.

Our research is based on the concept of Islet Neogenesis, which has the potential for reversal of diabetes.

The benefits of this approach are:
* No embryonic stem cell research required
* Involves naturally occurring human proteins
* No global immune suppression such as that required for islet transplants
* Uses specific targeted immune agents designed solely to block the attacking antibodies found in type 1 diabetes patients, which have been shown to preserve islets
* Restores pancreatic islet function and glycemic control resulting in normal glucose metabolism
* Restores production of other islet hormones deficient or missing in type 1 diabetes
* This new therapy will apply to both newly diagnosed type 1 and longstanding diabetes, as well as type 2 patients who require insulin.
Things to do

Hershey, PA - Chocolatetown USA
See the downtown street lights shaped like Hershey Kisses, Hershey’s Chocolate World and the factory tour, Hershey Park with their water rides, roller coasters, water roller coaster, and a grand mix of rides for all ages. Shop at the Outlets at Hershey, stay a cool 52 degrees at Indian Echo Caverns, ride the M & H Railroad train in Middletown, or race go-karts or play mini golf at Adventure Sports just 2 miles from us. For concerts, Hershey Bears hockey, and more check out the Giant Center. For you antique auto buffs, be sure to visit the Antique Auto Museum at Hershey for a display of over 90 historic automobiles and buses in dramatic period settings. If you’re up for a short trip you can visit Cabela’s, the ultimate hunting, fishing and outdoor gear store!

Hershey’s Chocolate World
231 Park Boulevard
Hershey, PA 17033
(717) 534-4900
Fun and sweetness meet adventure and excitement at HERSHEY’S CHOCOLATE WORLD attraction, a totally interactive chocolate experience for everyone and a shopper’s paradise for anything and everything HERSHEY’S. Learn about the process of making chocolate on HERSHEY’S GREAT AMERICAN CHOCOLATE TOUR, Create Your Own fun with uniquely personalizable items at HERSHEY’S FACTORY WORKS attraction, see the HERSHEY’S Product Characters come to life on the big screen in HERSHEY’S REALLY BIG 3D SHOW, and treat yourself to our delicious food and desserts at our KIT KAT Café or Courtyard Café.

Hershey Gardens
170 Hotel Road Hershey, PA 17033
717-534-3492
Open 9 am – 8 pm
Regular ............... $10.00
Seniors (62+) ...... $9.00
Junior (3-12) ...... $6.00
Children under 3 and members are FREE.
It’s filled with surprises at every turn. This magical world of whimsy provides a self-guided learning environment designed specifically for children. Kids of all ages are enchanted as they scamper, climb and dance throughout the 30 colorful theme gardens. The Children’s Garden even makes it fun to learn the ABCs, colors, counting and math!

ZooAmerica
100 West Hershey Park Drive  Hershey, PA 17033
Tel: 717 534 3900
Regular (ages 9-54) $8.50
Junior (ages 3-8) $7.50
Senior (ages 55+) $7.50
Children (ages 2 and under) FREE
Visit ZOOAMERICA North American Wildlife Park, our 11-acre walk-through zoo featuring more than 200 animals from North America.

Hershey Trolley Works
717 533 3000
Located inside Hershey’s Chocolate World
Journey through America’s sweetest town on an old fashioned trolley car. The inspirational legacy of Mr. Hershey unfolds in a unique entertainment experience. Taste the chocolate that made him famous and sing along with our turn of the century conductors. See the chocolate factory, Mr. Hershey’s mansion, Kiss streetlights, and much more!

Tours depart Hershey®’s Chocolate World daily rain or shine. Tokens can be purchased inside the main lobby at the trolley counter. Tokens are sold for specific departures. Seating is limited; purchase your tokens early to reserve your seat.

Spa at Hotel Hershey
100 Hotel Rd.  Hershey, PA 17033
717-520-5888
The ultimate luxury, Hershey-style. Indulge in signature treatments which pay homage to Mr. Hershey’s love for Cuba, an original sugar supplier to his chocolate company.

Whipped Cocoa Bath*
15 minutes, $40
Settle into our foaming chocolate milk bath for a soothing and softening signature Hershey experience. Milk will soften and renew the skin while you indulge in this chocolate experience.

Chocolate Hydrotherapy*
25 minutes, $55
Adding our essence of cocoa is sure to conjure up thoughts of childhood during this hydrotherapy experience.

Chocolate Bean Polish
30 minutes, $65
One of our signature chocolate services! We combine the gentle exfoliation of cocoa bean husks and walnut shells with a softening Cocoa Body Moisturizer for superb results. Smells so good, you may want to eat it!

Chocolate Sugar Scrub
30 minutes, $65
Hershey, PA meets Hershey, Cuba! This sweet scrub leaves your skin silky soft and best of all … chocolately smooth!

Chocolate F ondue Wrap*
60 minutes, $115
Our exclusive formula of warmed moor mud and essence of cocoa revitalizes and nourishes the skin as it relaxes the body. A luxurious body brushing is followed by the fondue application. The body is then wrapped in a soft warm blanket to enhance the total effect. A Vichy Shower rinse culminates the effect.

Peppermint Salt Scrub
30 minutes, $65
Revive the skin and the senses with this invigorating exfoliation. Start with a peppermint salt scrub and finish the softening with an uplifting Peppermint Moisturizer application.

Cocoa Massage
50 minutes, $100 | 80 minutes, $160
Only in Hershey, Pennsylvania are you able to relax AND enjoy chocolate without a single calorie. Our signature chocolate scented massage oil along with a classic Swedish Massage will surely soothe your senses.

Regional Attractions

Dutch Wonderland
2249 Lincoln Highway East, Lancaster, PA 17602
(about 45 miles SE from Harrisburg)
1-866-FUNatDW (386-2839)
10 am – 8:30 pm
Royalty (ages 3-59) $29.95
Senior Royalty (ages 60-69) $24.95
Senior Plus Royalty (70+) $17.95
Royalty-in-Training (ages 2 and under) FREE
A Kingdom for Kids, family amusement park located in Lancaster, PA.

Strasburg Rail Road
Rt. 741 East, Strasburg, Lancaster County, PA
717-687-7522  (about 50 miles SE from Harrisburg)
Strolling through the historic East Strasburg Station and the neighboring town of Strasburg, exploring the engines and rail cars up-close and riding beautifully restored trains are so much fun that you’ll almost forget that you’re immersed in a richly educational experience … learning about steam railroading, agriculture, Amish culture and PA Dutch heritage. Enjoy all we have to offer. And, the memories you’ll take with you.

The larger-than-life coal-burning steam train is just the beginning. Ride the Cagney Steam Train, a miniature version; operate a hand-powered Pump Car or watch the little ones “steer” the pint-sized Cranky Car. Browse the Thomas™ Toy Store. Discover an amazing railroad bookstore and railfan shop filled with apparel and merchandise.

Don’t forget to bring your appetite. You can enjoy food, drinks and entertainment while riding aboard Strasburg Rail Road, or grab a bite at our Trackside Café.

First Class
Infant (Under 3): $7.00, Child (3-11): $13.00, Adult: $19.00
Dining Car
Infant (Under 3): $2.00, Child (3-11): $8.00, Adult: $14.00
Open Air
Infant (Under 3): $2.00, Child (3-11): $8.00, Adult: $14.00
Coach Car
Child (3-11): $6.00, Adult: $12.00

Lancaster, PA – Pennsylvania Dutch Country (Amish)
1-800-PA-DUTCH (about 45 SE miles from Harrisburg)
With many sights to see from “Daniel and the Lion” at Sight and Sound Theaters, to the amusement park at Dutch Wonderland, to working farms, to outlet shopping, to fabulous food at the many Amish family restaurants. Ask us to help map a scenic Amish driving route for you. For more information on Lancaster County, visit the Pennsylvania Dutch Convention & Visitors Bureau.

**Hands-on House**
721 Landis Valley Road, Lancaster, PA 17601
(about 45 SE miles from Harrisburg)
(717) 569-KIDS
Monday through Thursday 10am-5pm
Friday 10am-8pm
Saturday 10am-5pm
Sunday 12noon-5pm
Daily admission is $7 for adults and children

Hands-on House, Children’s Museum of Lancaster is a non-profit organization dedicated to helping kids learn and making sure they have lots of fun in the process. The museum is designed for children ages 2-10 years. At Hands-on House, adults and children play and learn together. Our philosophy of childhood learning is simple: it lasts longer if it’s more fun, and it’s more fun if it includes doing.

**Harrisburg, PA - Pennsylvania’s state capital**
Including the Pennsylvania Farm Show Complex, City Island, Wildwood Lake Sanctuary, National Civil War Museum, Whittaker Center and IMAX Theater, the miniature Statue of Liberty located on the Susquehanna river, or an old style paddleboat ride on the “Pride of the Susquehanna”. Recently opened is the enormous Bass Pro Shop for all of your fishing and outdoor needs. If you are here during major holidays, enjoy fantastic fireworks from the banks of the Susquehanna River in Harrisburg.

**Gettysburg, PA - Civil War everything**
(about 35 miles SW from Harrisburg)
The visitors center has audio tapes to take you on a self guided tour along the historic lands. For those interested in teddy bears, don't miss Boyds Bear Country store.

**York, PA - the “factory tour capital”**

(about 25 miles S from Harrisburg)
Enjoy factory tours of Harley Davidson, Pfaltzgraff casual dinnerware, and Herr's Potato Chips.

**Reading, PA**
(about 60 miles E from Harrisburg)
Visit the famous Reading Outlets for lots of shopping. And just 21 miles away you can visit Cabela's, the ultimate hunting, fishing and outdoor gear store!

**Dorney Park and Wildwater Kingdom**
(about 80 miles NE from Harrisburg)
3830 Dorney Park Road, Allentown, PA 18104
(610) 395-3724, PA
10 am – 10 pm
Regular Admission $38.99
Junior Admission $18.00
Guests ages 2 & younger are admitted FREE.
Dorney Park & Wildwater Kingdom is 200 acres of more than 100 rides, games, restaurants and attractions for the entire family. With two great Parks for the price of one, the value is unprecedented in the Mid-Atlantic region.

**Sesame Place**
100 Sesame Road, Langhorne, PA 19047
(about 120 miles E from Harrisburg)
215-752-7070
10 am – 8 pm
Children 23 months and younger - FREE
Children and adults 2 years and up $47.50 (plus tax)
AAA Walkup Discount (with valid card) $44.50 (plus tax)

**The Crayola FACTORY (1 hour 40 minutes from Hershey)**
30 Centre Square, Easton, PA 18042
(about 95 miles NE from Harrisburg)
Mon - Sat 9:30 AM – 5:00 PM
Sunday 11 AM – 5:00 PM
Adults and Children (ages 3 – 64): $9.50
Military Discount: $8.50
Infants (2 and younger): Free Admission
At The Crayola FACTORY visitors enter a world of discovery as they experience more than a dozen hands-on activities as well as learn how Crayola Crayons® and Markers are made.
Diabetic Mommies

Anne a.k.a. amf320

My name is Anne Faber and I’m originally from the Chicago area but I currently live in Lancaster, Pennsylvania. I was diagnosed with Type 1 diabetes in August 2004 and I have been on a Medtronic MiniMed Paradigm 715 pump, using Novolog, since July 2005. I have been married to my husband Michael since July 2004 and we have a healthy 8 month old son named Andrew.

Grace a.k.a. Gevans1011

Type 1 - diagnosed age 27 - June 2004
Using a Cozmo Insulin Pump
From Northern New Jersey
2 Miracle Babies......Moriah born 12/7/05
.....Rose born 12/18/07

Being diagnosed as a type 1 as an adult was very difficult. My whole life and world had been turned upside down. When first diagnosed and a few months afterwards I had a very hard time controlling my blood sugar on MDI. I had a lot of side affects from the uncontrolled blood sugars and felt awful. Two things really helped me gain control of my life again and feel like I could still live a normal life.

The first was going on an insulin pump. I was able to regulate my blood sugars and lower my A1c and feel healthy again. I love my insulin Pump!

The second was finding DiabeticMommy. I became pregnant 9 months after being diagnosed type 1 and was so scared and lost. But then I found DM early in my 1st pregnancy and these wonderful ladies helped me so much with information, support, friendship, and encouragement throughout that pregnancy and afterwards. Her it is 3 years and 2 healthy children later. It is so wonderful to have a place to go and people to share with that understand me and understand life as a diabetic. DiabeticMommy is not just a website I visit it is a place that consider the people there my family. I am so truly thankful for DiabeticMommy. Finding them was an answer to prayer.
Holly a.k.a. Shhhh! They are gonna kick us out! a.k.a. hollyferry

I was diagnosed in October 1998 as Type 1 diabetic. I had a bad kidney infection, and the doctors feel that the kidney infection lead to the autoimmune response which caused my diabetes. I was on MDI for a while, and was while pregnant. I got pregnant with Jason in October 2004. I had him 38 weeks later on July 10, 2005. He was born perfectly healthy at 6.0 lbs and 18.5". He had no health problems at all. I credit my sanity while pregnant to being able to find advice and someone who was going through it to on www.diabeticmommy.com. Now I am a co-hostess for the website. In February 2006 I got my first insulin pump— a Deltec Cozmo. I LOVE MY PUMP! I would recommend one to any diabetic. In 2008 we will be TTC #2 to hopefully give Jason a little brother or sister. I am also in the process of getting the Abbott Navigator CGMS.
**Jenni** a.k.a. Fun2Dream

Married to: Scott  
Hometown: Northern Virginia  
“Kids”: Corgan and Cash - adorable pups  
TTC #1 this summer  
Type I since 8/10/87  
Cozmo Pumper

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**Laura** a.k.a. gabsmom2

age 35  
type I for 9 years  
GD with first pregnancy and dx 9 mos after her birth as type I  
Minimed pump user since May 2006  
wife to Sean for 11 years  
momma to Gabby (age 9) and Gracie (age 4 1/2)  
Coordinator of Psychological Services for large county school system  
Manager of Diabetic Mommy  
Trained advocate for the American Diabetes Association  
Privileged speaker at the Diabetic Mommy Luncheon in Las Vegas in 2007
Lóri a.k.a. Klitschkofan

My name is Lori. I am 38 and have been type 1 diabetic since 1979. I’ve been using a Minimed Paradigm insulin pump since 2003. I have been married for 8 years to Bob and have a 2-year old son, Bobby. My other babies are 3 cats Romeo, Juliet and Olena.

Mary a.k.a. Maribelle7

State: NY
Age: 38
Married to Clive and mom to Liam, age 2
Work full time as a Corporate Law librarian in major NYC law firm

I found out I was pregnant in December 2005, just a few months after moving into our first home. Two major events one on top of each other! I was already seeing a perinatologist for other medical issues, so when I was dx’d with GD, I was able to get help right away with it. I began using using insulin almost right away, and counting carbs. Other than that I had a pretty great pregnancy, and Liam was born at 37 weeks and 5 days, on August 3rd, 2006. I am now what is considered “pre-diabetic” but due to busy work schedule and hectic family life, I haven’t been keeping track of my sugars as well as I should be. I hope that the 2nd half of 2008 will be less crazy and I can get back on board with my numbers and get them under control.
Samantha a.k.a. spacheco13/sam/brody's mom

My name is Samantha and I am 28 years old. I live in Massachusetts. I am coming to Hershey with my baby son, Brody, and my sisters Ashley and Jackie. Brody is 10 months old now. I have had Type 1 for 13 years and I have been on an Animas pump for 3.5 years. I am married to Jason and have been for 3 years (although we have been together for 9 years).

Sharon a.k.a. Cinnamon Lipstick

I've had Type 1 diabetes since I was 13 months old, so 32 years this month. I began pumping a few months after Joe and I started dating in March of 2000. I used a Minimed for 8 years and am now wearing a green Cozmo named Elphaba. I'm the proud mom of Miriam who was born September 20, 2005. My pregnancy was fairly routine, at least from a Diabetic Mommy standpoint. I've been married to Joe since November of 2001. He's my best friend and is such a wonderful support. He helped me tremendously through my pregnancy and we are now starting to get ready to TTC #2 soon. We live in the suburban Philadelphia area. I'm also a proud Diabetic Mommy Manager.
Shawna a.k.a. ShawnalT1/Whyatts Mommy

I am a T1 on a PURPLE Cozmo pump. I am due for miracle baby #2 January 13, 2009. I have been a diabetic +/- a month since I was 4. So 30 years. I live in Arizona and LOVE the heat. My first little miracle, Whyatt, was born 8 weeks premature at 4# 15.2 ounces and 18" long. I strive to keep my A1C in a tight range, and my most recent has been 5.4%. I am always willing to help a person, when I can. I was dx with PCOS in 2007 and put on Metformin, great results. I am a SAHM and enjoy every second of being with my little man! I have been a member of DM for a little over 4 years, the first 18 months I didn’t register and was a “lurker” more or less. This is going to be a LOT of fun in Hershey!! Can’t wait to meet you all!!!!!!!!

*Nita, age 8 1/2
beloved friend of Tamara & Allen
Type 1 diabetes since age 3
MDI/pumper wanna-be
future DM
loves to sing, read, draw, and sing along with Hannah Montana

Anna*

Tamara a.k.a. tdsing

39 years old, married to Allen since 2004
Wisconsin
Type 1 diabetes since age 17
Hypothyroid since age 14
MDI/pumper-to-be
Expecting baby #1 February 6, 2009
discovered DM in January 2007
Al and I are licensed foster parents